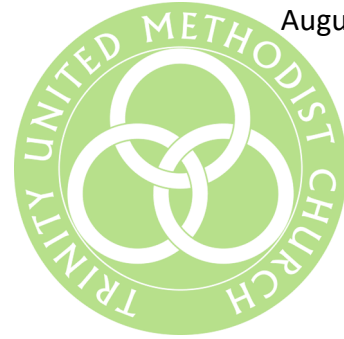


Trinotes

August 30, 2023



The Mission of Trinity United Methodist Church is to proclaim God's love by building community and living by the example and teachings of Jesus Christ.

Be of Good Cheer

From
the desk
of...
The Rev.

"These things I have spoken to you, that in me you might have peace. In the world you shall have trouble, but be of good cheer; I have overcome the world." John 16:33

I've been giving a lot of thought, lately, to my attitude. I didn't mean to. I meant to only think about **Cooper's** attitude. There are a lot of pre-teen "feelings" floating around our house right now and it can be a bit trying to manage it all. Over the last few weeks, his first weeks of Middle School, I have dreaded the mornings more than I normally dread the mornings — I am not a morning person — because Cooper is even less of a morning person than I am. I sympathize in many ways. At the same time, if he wakes up on the wrong side of the bed (and they are both consistently 'wrong'), Aiden is going to feel that and **his** attitude will change. If they're both crabby, I will get frustrated. If I get frustrated, Josh will get frustrated, and by 8:00 everyone will already be fed up with the day.

Not that that happened just this morning....I digress.

Our attitudes are contagious. In fact, our contagious attitudes often set the tone for the entire day and maybe even someone's point of view. For instance, if you walk into a room and everyone is disgruntled for any given reason, you feel the tension and perhaps your first thought is, "Nope! I'm out of here." But if you walk into a room and folks are laughing and relaxed — content and happy — your thought might be, "Yes. This feels good. This is where I want to be."

I'm not [only] confessing that a certain pre-teen's attitude in the morning makes me think, "Nope! I'm out of here." I will say, though, that however he decides to 'be' in the morning sure makes a difference in how we all begin. His feelings and attitude set the tone, whether or not it's intended, and he's starting to figure that out. To my delight, he's starting to, not only see that how he acts and reacts makes a difference for everyone around him, but also, he's starting to care that it does, and it's becoming clear that he wants to help set a positive tone for our home and our day.

The same can be said about the community of faith. I write that now, reflecting on the influx of visitors we've had lately. I watch. I watch how the Trinitarians are — who you speak to, how you sit, if someone jumps up to get them hymnals, if a greeter gives them a bulletin — and how they are in response. Are their arms crossed? Did they laugh? Did they sit closest to the door (for a quick escape)? Do they seem comfortable? I have noticed how our tone and attitudes about where we are, affects their tone and attitude about where they are.

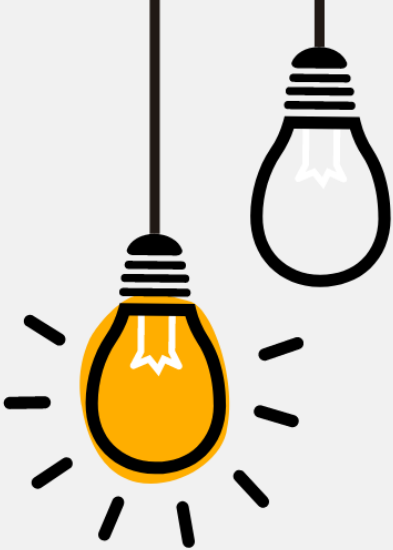
In John 16, Jesus points us toward an attitude of cheerfulness — an attitude of joy. Where things do not always go how we'd like (mornings are **rough**), there is a truth that always wins — always overwhelms the trial — and that is the goodness of our lives and living because of the work Christ accomplished both in the world and in us. When we come to worship, it is for the purpose of praising God — offering our joy and cheer to God — for that very gift. We are called, even, to be of good cheer, and it is not only for the purpose of setting the tone for our days, but also our cheer becomes a witness to the work of our church in us and in our community. Our tone may be the reason someone says, "Nope! I'm out of here." It may also be the reason someone says, "This is where I want to be."

Be of good cheer, people of faith. God has done great things in the world. God has done great things in you.

With Joy,
Rev. Sara



Did
YOU KNOW?



...that weekly between 200 and 350 people engage in or participate in our worship ONLINE? It is an amazing number of people that could be significantly boosted by you clicking on the 'share' button below any of our services. Every 'share' averages another 76 people participating in worship with TUMC. If you 'share,' new people will see what your church is doing and new people will hear the Gospel. In a small way to us, and potentially big way to them, they will become a part of our family of faith. This is the simplest way YOU can support your church.

#TUMCMemphis



The Importance of How One Plays the Game

This will be our Lila's fourth year playing soccer. Her dad, my son Andrew, has been coach for her Grace-St. Luke's team each year. They went their first two seasons without ever winning a single game. Over the years, however, the girls have grown considerably in skill and in competitiveness. Last year they won some of their games, and they are excitedly looking forward to a new season together.

Toward the end of last season, Lila also played a couple of games of softball with a friend's team. She had never played softball before that. At their last game, Andrew, who was an observer and not the coach, told me that the opposing team, who were mostly a year older than the kids on Lila's team, looked like Amazons. He said they could have been a farm team for the Redbirds, with their pitching, hitting, and fielding skills. They won the game easily; in fact, they beat the stew out of the pint-sized Grace-St. Luke's team. As Andrew and Lila walked to the car afterwards, however, Lila, the softball neophyte who was remembering how hard her team had played, looked up at her dad with serious brown eyes and said, "Did we win?"

Back when I played school basketball at Jackson Jr. High School, we played half-court ball. I was a guard because I couldn't hit the side of a barn with a basketball, much less get the ball in that net, but I was good at blocking other people's shots and at rebounding. I was fast on my feet, tremendously enthusiastic, and totally uncoordinated. Our team never won a single game in those two years, but we also never went into a game expecting to lose. We came close to winning more than once, but we were never able to pull it off. We did win the Sportsmanship Award both years. Was it a consolation prize? I don't really think so; I think we truly were good sports because we were encouraged to be so by our coach. Adult leadership makes a big difference when it comes to sportsmanship. I sat on the bench most of the time during the 8th grade and was a starter in the 9th grade. Although our team never won a game, I won the "Most Improved Player" award when I was a 9th grader. The memory of winning that award is one that I cherish.

I look back on that first team experience and am grateful for those two years and the lessons they taught me. While our basketball team never won a game, we were never sore losers. I learned never to give up, to value teamwork, to play the game for the sheer joy of it, and to be a good sport. My experience taught me the truth of this quotation from the Grantland Rice poem: "For when the One Great Scorer comes to mark against your name, He writes – not that you won or lost – but how you played the Game."

In this world, alas, there are some folks who are resentful, sore losers and some who are hateful, horrible winners. I hope Lila's always going to strive to be a winner in God's eyes, whether she wins any given game or not. I hope she will be someone who plays by the rules, does her best, and has respect for her opponents, her teammates, and her coaches. May she always remember that the most important thing of all is how she plays the game.

Peace and love to you,
Irene





CELEBRATE SEPTEMBER BIRTHDAYS

Brad Moritz	September 3
Whendy Merriman	September 3
Marty Rice	September 13
Kathy Isbell	September 14
Kate Taylor	September 16
Harper Keller	September 17
Charlotte Comes	September 20
Craig Jordan	September 22
Virginia Walters	September 22
Kadynce Hemingway	September 28
Joe Hatter	September 30

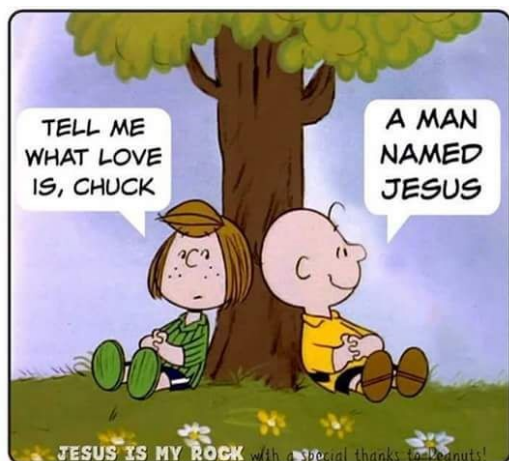
THE MISSION OF TRINITY
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TRINITY UMC MEMPHIS

TRINITY UNITED METHODIST CHURCH

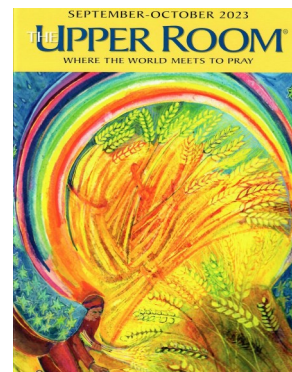
WE ENVISION A
RADICALLY LOVING COMMUNITY
WHERE EVERYONE BELONGS,
EVERYONE IS SUPPORTED,
AND NO ONE IS ALONE.

TRINITY UMC MEMPHIS



THE UPPER ROOM

The September/October *Upper Rooms* are now on display at the reception desk just outside The Center. Feel free to pick up a copy when you come for worship on Sunday. If you need to have one mailed to you (or a friend or neighbor) and aren't on the regular *Upper Room* mailing list, send an email to Debby Marston at office@trinityumcmemphis.org or call the church office at 901-274-6895 with your request. Be sure to specify the font size: large or regular.



MEMORIALS & HONORARIUMS

A MEMORIAL HAS BEEN RECEIVED

IN MEMORY OF DOROTHY SUE SMITH FROM SHIRLEY FLINT



Tiny Pantry Still Needs Donations

Our Tiny Pantry is still perched in place on Trinity's front lawn, and we occasionally see neighbors come by to replenish it. It's easy to forget how important the gift of a little food can be. Most of us don't miss many meals. There are, however, hungry folks who come by looking for a can of tuna or soup, or for just enough to get them by until their food stamps arrive. Those neighbors who are chronically unsheltered may not even have public aid in the form of food subsidies. Imagine going to bed hungry, not just one night, but almost every night. Remember to keep our Tiny Pantry stocked. Next time you go to the grocery store, pick up some extra food that can be eaten "as is," without cooking, like Vienna sausages, fruit cups, or tuna packets with crackers. Let's remember to take care of "the least of these."



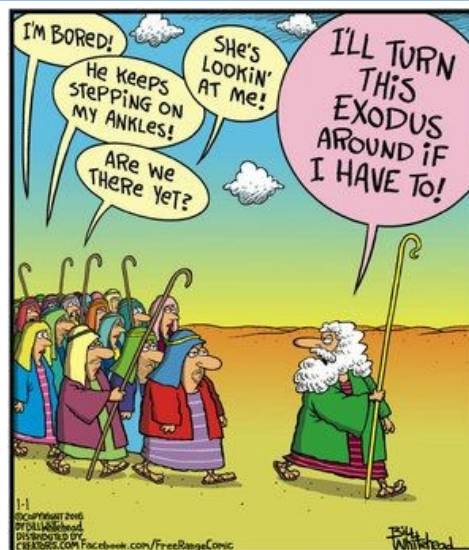
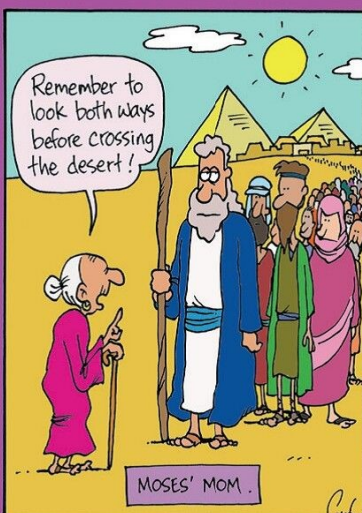
LAKESHORE

united methodist camp & retreat center

Support the Lakeshore Scholarship Fund

Lakeshore is a camp and retreat center located on the shores of the Tennessee River, providing Christian hospitality, rest, and reflection for guests of all ages and backgrounds since 1948. Programming at Lakeshore includes summer camps, parent/child weekends, special needs camps, retreats, work weekends, banquets, and a variety of other events.

Historically, Trinity has maintained a scholarship fund for our children and youth, allowing kids to attend camps who otherwise would not be able to afford the experience. **The fund balance is still very low.** We invite you to contribute to the Lakeshore Scholarship Fund in order to allow our children to enjoy the camping experience offered by Lakeshore. Simply write a check to Trinity UMC and note "Lakeshore" on the memo line.



PRAYER CONCERNS

Our country and the world - for earthquake & tornado victims; for those families and communities who have fallen victim to the horror of gun violence in our country; for the people of Ukraine who are imperiled by the invasion of Russian troops, shelling of residential areas, and the terror being experienced by the civilian population; for all those in our country and around the world still impacted by the COVID-19 pandemic and variants; for people of faith around the world who are experiencing persecution; for refugees seeking asylum from war and social unrest; for safe drinking water for those living in developing countries; for people around the world experiencing terrorist attacks; for the poor, homeless, and disenfranchised in our city; for immigrants who still struggle due to lost jobs and lack of resources; for persons of color who are speaking out against racial profiling and injustice and for families who have lost loved ones due to race related violence; for President Joe Biden and Vice President Kamala Harris—pray for their wisdom and that of all political leaders.

The United Methodist Church - for our Pastor, Rev. Sara Corum, her husband, Josh McClurkan, and their five children; for our Bishop, the Rev. Bill McAlilly; and for our interim District Superintendent, the Rev. Dr. David Weatherly;

Trinity UMC - for members of the congregation homebound due to chronic illness or age; for new visitors joining us as we worship in person and online; for all families who are grieving; for our congregation as we deal with transitions; and wisdom for our Trustees and Church Council. Also, specific prayer requests by and for:

Dorothy Sue Smith passed away recently. Pray for her family and many friends as they grieve.

Rev. Charles Strobel, founder of Nashville's Room in the Inn, died August 6th. Pray for RITI staff & guests.

Bishop Bill McAlilly, surgery on his right ankle August 7th; full ankle replacement to be done later this fall

Chris Glover, outpatient surgery went well

Edna Hoffman, surgery for broken hip from fall July 24th; recovering at Ave Maria

Gwen Dodson, bladder cancer, COPD, and osteoporosis; IV cancer treatment ongoing every 3 weeks

Charlotte Comes, out-patient treatment using Y90 radiation therapy; successful surgery on August 1st!

Sydney Elliott, friend of Irene Dycus, in hospice care; pray for his wife **Mary**, as well.

Maggi Comes' niece, **Katie Pendleton**, diagnosed with Tumefactive MS

Kanyon Glover, pray for his speech therapy and the use of his left arm (due to a stroke)

Jacob Foreman, hip/leg/back and nerve damage issues, doing PT & showing some slow improvement

David Harrison, Carol Miller's brother, in ICU, on dialysis, paralyzed on one side after stroke, asthma, COPD

Don Culpepper, Carol Miller's brother-in-law, has cancer in five locations; receiving radiation therapy.

Joan Smith's cousin/mom, **Gigi**, aka **Kathryn Ellis**, receiving in-home hospice care

Peggy Kinney, Charlotte Comes' 97 year old cousin, now residing permanently in a rehab center

Val Coates, ongoing serious health concerns

Lori Brown, in remission, thanks be to God!

Eddie Ramsey, now in hospice care at home; **Sally**, as she prepares herself for the future; the **Ramsey family**

Edward Thigpen, multiple serious health problems & financial difficulties

Pray for **Jonathan Goff**.

Lyle Klein, family member of Amelia Strickland, diagnosed with Parkinson's, cancer, and heart disease

For **Living Word Christian Church** and their pastor, **Rev. Kyle Dearen**

For **The Lab School**, as their students learn, grow, and develop, and for their adult Guides

For all our Scouts in **Pack 13**, **Troop 13G**, and **Troop 13B**, and for all their leaders

For those in the **NA** groups who meet at Trinity and for their continued determination to succeed

(Please contact the church office if you have additional prayer concerns, need a concern removed, or need to make a change or correction.)