

The Mission of Trinity United Methodist Church is to proclaim God's love by building community and living by the example and teachings of Jesus Christ.



From
the desk
of...
The Rev.

The Case for Rest

Thus the heavens and the earth were finished and all their multitude. On the sixth day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation. Genesis 2:1-3

I said it once this week, on the phone with a friend who was sick. The body has a way of slowing us down, if we do not slow down ourselves. Later the same day, the day of Charlotte's funeral, I told a family member that I do not have time to slow down until August. He laughed. A preacher's kid himself, he understood fully.

Naturally, it's Saturday, and I'm huddled warm (or cold in a few minutes, I'm sure), in bed, unwell, offering my body an ultimatum. You get better by tomorrow or those days you set aside for Spring Break with your family will be miserable.

It's an ultimatum I have no control over, obviously. We cannot *will* ourselves better. At least, science hasn't proven the mind-over-matter of wellness just yet. Science HAS proven, though, that if we do not take care of ourselves, we will suffer. Likewise, faith has proven, time and again, that if we do not honor the reality of our mortality, our mortality will remind us, in the most unpleasant of ways, that we are, in fact, mortal. We are not invincible. We are not eternal. We are not the Energizer Bunny.

On the seventh day, God rested. Basking in the sunlight of the Divine's own creating, God rested. And God didn't only rest, but prescribed rest for us as well. Just as I could drag myself to a minor-med clinic right now for whatever medicine the doctor might prescribe, God prescribed rest — medicine to the body. God didn't prescribe it only for our bodies, though. Rest — holy rest — relaxes and clears our minds in such a way that we can come into (pardon the pun) son-light, and reflect on and give praise and honor to God. That is a holy Sabbath — one that gives rest to the body and mind, that we might come fully into the presence of God.

Easter is in two weeks and I know that it is our hope to come into the light of God — to rise from the shadow of the cross and sing unending hymns of praise to the God who keeps promises — to the resurrected Lord. Might I offer a challenge ahead of Easter? Set aside time for rest. Set aside time to reflect, to pray, to read. Set aside time for an afternoon nap. Even Jesus took naps...Set aside time for your body AND your mind to breathe in the Holy Spirit and all it has to offer as we approach Holy Week.

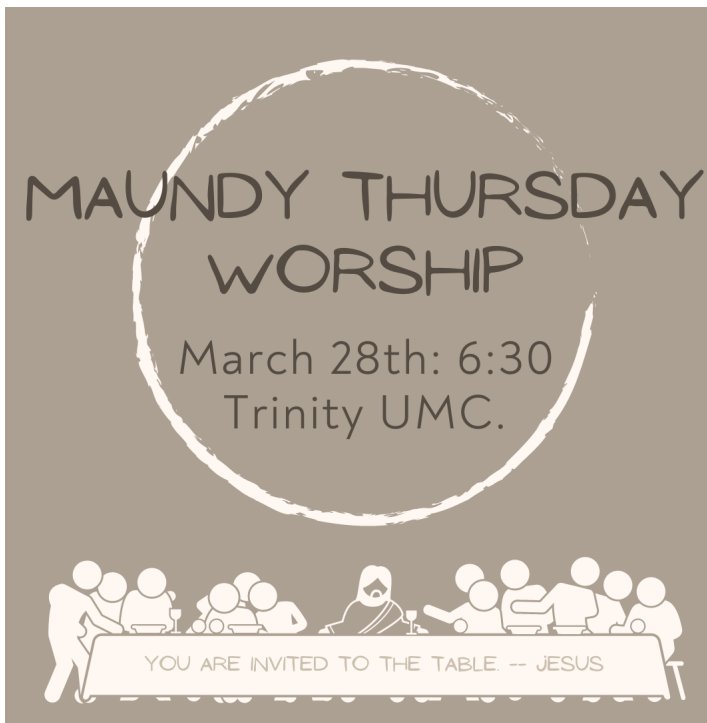
I'll leave it at that for now. Why? Because, clearly, I need to rest.

Sniffing and Sneezing,
Rev. Sara

March 10th Church Council Meeting Highlights

- ❖ Financially, we have a positive net income to expenses for January and February of \$3,271. Our projected budget for the 2024 calendar year shows a deficit of \$22, 841. There are likely to be further budget revisions as the year progresses.
- ❖ Children's Ministries is planning the annual Easter Egg Hunt to be held Saturday, March 23. The day begins with a 9 A.M. Pancake Breakfast followed by the Egg Hunt at 10:30 A.M. for toddlers and preschoolers through fifth grade. Our Vacation Bible School will once again be jointly held with St. John's UMC at St. John's July 15-18 from 5:30 to 8:00 P.M. each evening.

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UWF Happenings

By Joan Smith

Our United Women in Faith March meeting is this coming Friday, March 15th, at noon in the Worship Center. We will begin our study of 12 Ordinary Men by John

MacArthur. Sue Taylor will guide our first discussion. It is not necessary to purchase the book or workbook. Sandy Guntharp tells me that Amazon Prime has the movie of 12 Ordinary Men, and YouTube also has several study groups. Key Bible passages for this month are: Matthew 10:1-4; Mark 3:13-19; Luke 6:12-16; and John 6:60-71.

Two (and a half) questions for reflection are: As you consider these 12 ordinary men, with which one do you most closely identify, and why? Considering your abilities and personality...if you were that ordinary man, what word or phrase would Luke use to describe you?

We will also have a brief guest speaker representing Sista2Sista, a local organization picking up where the defunct Lisieux stopped serving our sisters on the street.

Our UWF library is in the office. If you have not paid your 2/3 annual pledge or \$2.00 Methodist Hospital Auxiliary dues, please do so. Remember to bring your can, box, or dollar to support our new food pantry.

This year to date we have contributed \$1,140.00 to purchase Kroger cards for our neighbors in need.

UWF would like to thank the Election Commission for designating Trinity as a polling place. During the last election Trinity had the largest voter turnout in Memphis. We only half jest that the large turnout is due to our concurrent bake sale, and the poll workers and voters agree. This year we have committed to provide bake sales to elections in August and November. Our Trinity bakers even take special orders. These bake sales are the only source of funding for all our service projects. Thank you for your support.

As always there will be lots of fun, fellowship, and food. I hope to see you there.



You may order Easter flowers as memorials or honorariums for \$15.00 a plant by calling the church office (901-274-6895) or emailing office@trinityumcmemphis.org.

Order forms will be inserted in worship bulletins this Sunday, March 17th, and you may place those in the offering plate with your payment or pay later. The cutoff date for flower orders is Palm Sunday, March 24th. The flowers will help beautify our worship space on Easter. You may retrieve your plant following worship that day.

Please specify the name of each person being honored or remembered and indicate how your name should appear in the Easter bulletin insert.



Join the fun!

Breakfast with the Easter Bunny and the **Easter Egg Hunt** will be coming up on the morning of **Saturday, March 23rd**. The **pancake breakfast will take place from 9:00 – 10:15 a.m.** in the Worship Center. Sam Goff and his capable kitchen crew will be preparing breakfast for kids and their families. The Easter Bunny will be hopping around to join us for the fun once again. (It's amazing how much his voice sounds like that of Tim Guntharp, and his assistant looks just like Tim's wife Sandy.) During the breakfast, Kay Jordan will coordinate creative activities inside, such as face painting and bunny ears for the children. As participants finish inside activities, they will move outside, where more fun awaits, including a bounce house/slide and games to fill the time until the egg hunt begins. Irene Dycus will be coordinating outside activities.

Volunteers are needed to help with both inside and outside events, so contact Sam, Kay, or Irene to offer your services. Leaders and parents from Cub Scout Pack 13 will be setting up for the hunt, along with Trinity UMC parents and youth, and the Cub parents will supervise the bouncing activity. Over **two thousand plastic eggs filled with candy** are ready to be hidden for the **Easter Egg Hunt, which is scheduled to take place at 10:30 a.m. on the grounds.** The hunt will begin at 10:30 sharp, so don't be late!

The Evergreen Historic District Association has graciously provided financial support for the event. Neighborhood children, the Lab School, the Cub Scouts, and NA children are all invited to participate. We are also extending an invitation to our friends at St. John's UMC to come and play. We hope you will help us get the word out to friends and neighbors and kids everywhere. Spread the news on social media, invite face-to-face, text, and call. **All kids, toddlers through 5th graders,** are encouraged to bring their Easter baskets and join in the fun! The egg hunt will take place **rain or shine**. In the event of rain, eggs will be hidden at various sites in the building.



In addition to the Easter Egg Hunt for our neighborhood children, we are once again providing stuffed eggs and Easter buckets and grass for the Salvation Army's Purdue Center of Hope to have their own on-site Easter Egg Hunt for the children who are in the residence program there with their moms. The United Women in Faith have stepped up to help sponsor this vital ministry, in addition to stuffing the majority of the eggs for both our local hunt and the Salvation Army project. We have done this mission project for quite a few years. It began as a Children's Department project, and we are so thankful that the United Women in Faith are still committed to seeing that this happens. It's a special blessing to about 75 children who would not otherwise have an Easter Egg Hunt.

Lots of fun ahead for children and their families! We hope YOU will join us, too!

Peace be with you,

Irene

(Church Council—continued from page 1)

- ❖ The long awaited Trinity Food Pantry is preparing to open. Alex Landrigan had proposed the Pantry. He prepared the former chapel space, including shelving, flooring, and painting, for his Eagle Scout Project. Our first day of distribution is planned for Monday, March 25 from 9 A.M. to Noon or Wednesday the 28th at 6:30 P.M. Persons seeking food will be asked to make a reservation to pick up their bags. The pantry thus far has been filled by generous gifts from Binghamton United Methodist Mission (BUMM). As noted in the prior newsletter we are seeking both food and monetary donations for supplying the Food Pantry. We voted to cease supporting BUMM's food pantry, since they are well supplied by other donations, and to support our three Trinity food ministries: the Tiny Pantry, our Kroger vouchers, and the new Food Pantry. BUMM's food pantry coordinator, Michael Anderson, is aware of this decision and is supportive.
- ❖ Two other actions of note are related to Room in the Inn's ministry with unhoused persons. In prior years Trinity has received donations stipulated for Room in the Inn. Since we are no longer able to serve as a housing site for Room in the Inn, the Council voted today to send the stipulated balance of \$1,507.68 to Room in the Inn. Second, we recently received a request from Joni Laney of BUMM to donate the mattresses and linens we had formerly used for Room in the Inn to immigrants served by BUMM in their need for bedding. The Council voted to make this donation. Joni Laney will assist in meeting recipients as we share the bedding.
- ❖ The Trustees continue to work on resolving heating and air conditioning issues. Tom Wilson noted there are ongoing challenges with our aging equipment repairs and adjustments of the comfort level throughout the building. Repairs have been completed on the elevator.

MARCH BIRTHDAYS

Heather Jacoby Keller	March 3
Quinn Bauer	March 3
Joe Spake	March 6
Lee Ann Wilson	March 13
Charles Abraham	March 19
Alyson Foreman	March 19
Hadley Keller	March 31



MEMORIALS & HONORARIUMS

DONATIONS HAVE BEEN RECEIVED

IN MEMORY OF

CHARLOTTE COMES FROM MR. & MRS. GARY JENKS
CHARLOTTE COMES FROM WENDEL & LINDA STOLTZ
CHARLOTTE COMES FROM EDNA HOFFMAN
NELDA GRAY FROM EDNA HOFFMAN
NELDA GRAY FROM WENDEL & LINDA STOLTZ
CHARLOTTE COMES FROM MIKE & ROSEMARY POTTER
CHARLOTTE COMES FROM CONNIE JOHNS
CHARLOTTE COMES FROM
CHARLES & MELBA ABRAHAM
CHARLOTTE COMES FROM CAREY & CAROL MILLER
CHARLOTTE COMES FROM BILL & MARY MCCONNELL
NELDA GRAY FROM BILL & MARY MCCONNELL
CHARLOTTE COMES FROM PATRICIA JACKSON

IN HONOR OF

SAM & SARA GOFF FROM DORIS PORTER



Trinity Food Pantry

According to the Memphis Food Bank, **one in six Memphians are food insecure** primarily due to high poverty rates, limited access to healthy food, and lack of transportation to grocery stores. To meet the need of feeding our hungry neighbors, Trinity United Methodist Church will soon be opening a Food Pantry at 1738 Galloway Avenue.

We invite you to join us in serving our community by donating canned and non-perishable food that you may have on hand. Please bring your donated items to the church on Monday through Thursday between 9:30am - 12:00pm. If you have any questions, please call the church office at 901-274-6895.

Items to Donate



- granola bars
- oatmeal packets
- cereal
- canned fruit
- pasta
- soup
- pasta sauce
- peanut butter
- canned vegetables
- box of mac & cheese

- canned chicken
- jelly
- spam
- minute rice
- canned tuna
- snacks
- gift certificates for grocery stores, Walmart, or Costco
- monetary donations

Trinity United Methodist Church – 1738 Galloway Ave., Memphis, TN 38112



PLASTIC BAGS NEEDED!

The Trinity Food Pantry needs plastic bags. You can be a vital part of this ministry by bringing any plastic bags you have at home to the church office between 9:30 - Noon, Monday through Thursday. We are blessed to be a blessing to our hungry neighbors!

PRAYER CONCERNS

Our country and the world - for all those endangered by the war between Israel and Hamas and for families on both sides who have lost loved ones; for victims of natural disasters; for those families and communities who have fallen victim to the horror of gun violence in our country; for the people of Ukraine who are imperiled by the invasion of Russian troops, shelling of residential areas, and the terror being experienced by the civilian population; for all those in our country and around the world still impacted by the COVID-19 pandemic and variants; for people of faith around the world who are experiencing persecution; for refugees seeking asylum from war and social unrest; for safe drinking water for those living in developing countries; for people around the world experiencing terrorist attacks; for the poor, homeless, and disenfranchised in our city; for immigrants who still struggle due to lost jobs and lack of resources; for persons of color who are speaking out against racial profiling and injustice and for families who have lost loved ones due to race related violence; for President Joe Biden and Vice President Kamala Harris—pray for their wisdom and that of all political leaders; pray for civility during upcoming Presidential campaigns.

The United Methodist Church - for our Pastor, Rev. Sara Corum, her husband, Josh McClurkan, and their five children; for our Bishop, the Rev. Bill McAlilly; and for our interim District Superintendent, the Rev. Dr. David Weatherly;

Trinity UMC - for members of the congregation homebound due to chronic illness or age; for new visitors joining us as we worship in person and online; for all families who are grieving; for our congregation as we deal with transitions; and wisdom for our Trustees and Church Council. Also, specific prayer requests by and for:

Rosemary Potter, at Methodist University Hospital after breaking a rib March 11; positive for RSV; COPD
Charlotte Comes' family as they mourn her passing

A PRAISE! **Melba Abraham's** pathology report showed that all cancerous tissue was removed!

Joan Smith's cousin, **Douglas Robbins**, aggressive cancer, and his wife **Ash**

Adam Hill, successful eye surgery; off work 6 weeks (friend of Joan Smith)

Kaelyn Wright, wife and mother of two young children, has aggressive thyroid cancer. (Friend of Joan Smith).

Amelia Strickland's mom, **Rosemary Batorski**, has been sick for over a month; weak, but some improvement

Chris Glover's sister **Carol** is in hospice care at home and heavily medicated.

Mike Baloga, encephalitis, at home with nursing care, and wife **Juli** (neighbors of Joe & Katy Spake)

Olivia Dunn, 29 year old with uterine cancer (Katy Spake's request)

Gene Archer, diagnosed with stomach cancer; **Lauren Crews**, diagnosed with ALS - both the Millers' friends
Melba Abraham's cousin, **Lydia Melton**, has cervical cancer.

Gwen Dodson, bladder cancer, COPD, and osteoporosis; IV cancer treatment ongoing every 3 weeks

Maggi Comes' niece, **Katie Pendleton**, diagnosed with Tumefactive MS

Kanyon Glover has pneumonia.

Jacob Foreman, chronic back pain and nerve damage in left leg; doctors have no answer.

David Harrison, Carol Miller's brother, has moved to a nursing home; torn ligaments in shoulder; upbeat despite recent hospitalization.

Don Culpepper, Carol Miller's brother-in-law, has cancer in five locations; receiving radiation therapy.

Val Coates, ongoing serious health concerns

Eddie Ramsey, in hospice care at home; **Sally**, macular degeneration

Seth Genes, 14 year old friend of Debby Marston; on last round of chemo at St. Jude; PT following surgery ongoing; being treated for pain as his leg heals; down to 90 pounds, as pain meds cause appetite loss

Pray for **Jonathan Goff**.

Lyle Klein, family member of Amelia Strickland, diagnosed with Parkinson's, cancer, and heart disease

For **Living Word Christian Church**; for **The Lab School**; for all our Scouts and leaders of **Pack 13, Troop 13G, and Troop 13B**; and for those in the **NA** groups who meet at Trinity

(Please contact the church office if you have additional prayer concerns, need a concern removed, or need to make a change or correction.)